1: Conzemius M-4, 5 (1921) 1932
SA15 Mosquito SA15

The men taking part at the *asaŭ ldûwana* had the whole body painted black and wore nothing but the loin cloth. They had to be ceremonially "pure" (*sumu*), a condition which was obtained by abstinence from women, salt, red peppers, and intoxicating liquor. Any one daring to come to the festival in a state of "uncleanness" was supposed to be killed by an awful giant, some sort of evil spirit, which came from some neighboring hill, and walked about the house with a quiver full of arrows. He was well treated and given plenty of *puput* (maize liquor), for every one was afraid of him.

At the *asaŭ ldûwana* trials of endurance took place in order to train the young men in supporting pain without the slightest groan. They also had the object of settling disputes which had been in suspense for some time. One man leans over and lets his opponent strike his back as hard as he can with the point of the elbow, until the latter is tired of punching. He is not supposed to utter the least groan nor show any other sign of pain. From time to time he merely says *yaŭ al yaŭ*, "I am a man," whereupon his adversary replies *yaŭ bik al yaŭ*, "I am also a man." When the latter is tired of punching the two men change places and he has to submit to the same rough treatment of his back by the other. Anyone giving up the struggle before his opponent is tired of striking is considered a coward; occasionally death has resulted from the effects of these terrible blows.

This method of fighting is unknown to the Miskito. The latter box a little, but it seems to be a point of honor with them to give and take blows in turn, and not to try how often they can strike each other as much as how long they can stand up to it.

PREPARATION OF AN EXPEDITION.—When the Miskito projected an armed expedition against the other Indian tribes or against the Spaniards they consulted one of their principal sukyas in order to hear if they would be successful. If the sukya's prediction, after having consulted the spirits, was unfavorable regarding the issue, the intended expedition was abandoned (M. W.: 307–308).

Both of these tribes were in the habit of painting the body hideously, perhaps with the object of scaring the enemy. Fair fighting was unknown. Attacks were carried out during the night, the enemy being taken by surprise.

INTERTRIBAL WARS.—The Miskito and Sumu were continually at war with each other as far back as the seventeenth century (Dampier: I, 9–10; M. W.: 300, 302, 305). These tribal wars continued throughout the eighteenth century and turned out to the advantage of the Miskito, who, having received European arms through the agency of the buccaneers from Jamaica, were able to conquer several subtribes of the Sumu from whom they collected tribute in the shape of canoes, deer skins, maize, cacao, rubber, etc.